



Aikido seminar

with

Martin Toplizer 4. Dan aikikai (Austria)

Andras Polgár 4. Dan aikikai (Hungary)

13. 06. 2015

Dojo: Športová hala Dukla Trenčín, Štefánikova ulica, Trenčín, Slovakia, (GPS 48.894,18.0487)

Schedule of trainings:

Morning: 9:30-10:30 (A. Polgár)
10:40-12:00 (M. Toplizer)

Afternoon: 16:00-17:30 (A. Polgár)
17:40-19:00 (M. Toplizer)

Weapons: jo, bokken and tanto

Price: 20€



www.aikikai.at



www.aikidotn.sk

Funded by the Aikikai "Foundation of Austrian aikido schools"

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